

AAPI GOVERNING BODY MEETING CARIBBEAN CRUISE

MARCH 21-25, 2024

Welcome aboard the Royal Caribbean's Independence of the Seas AAPI Eastern Caribbean cruise organized for the AAPI Governing Body meeting from March 21-25, 2024.

The best vacation of your life starts here. Score incredible offers and last-minute deals on thrilling getaways to the Eastern Caribbean Island of Haiti.

Looking forward to welcoming you all aboard the cruise

Best regards,



Anjana Samadder, MD
President AAPI 2023-2024

March 21, 2024 DEPART MIAMI

Miami moves to a rhythm all its own—from the sun-drenched beaches to a diverse blend of cultures. Indulge in the glitzy chic of Miami Beach and explore

Little Havana's deep-rooted Cuban heritage. Unwind



on Key Biscayne's serene shorelines, pedal along Ocean Drive or paddle a kayak through Oleta River State Park's winding mangrove channels. Head to Coconut Grove to take in the bohemian vibe. Tour the Vizcaya estate's Renaissance-inspired gardens. Miami cruises give guests the opportunity to check out the Perez Art Museum's contemporary collections. Whether it's deep-sea fishing, Art Deco architecture, world-class cuisine or endless nightlife, adventure shines bright in The Magic City.



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Embark your cruise before 1 PM. We start cruising from Miami at 4 PM for the Haiti - Eastern Caribbean cruise. Dinner and overnight on board the cruise

March 22, 2024 CRUISING

Plan your day cruising at the sea with Grab your bravest friend and challenge them to a test of speed. The ride of your life awaits on twin racers TyphoonSM and CycloneSM — part of The Perfect StormSM, the boldest waterslides at sea. As you speed through, long, translucent stretches offer sea views as exhilarating as the ride itself.



LASER TAG: BATTLE FOR PLANET ZSM

Two forces clash in a glow-in-the-dark laser tag faceoff for control of the last planet for light years around. Will your team claim it? Take aim and find out in Battle for Planet ZSM.

ROCK CLIMBING WALL

Rise to the occasion and take on the signature Rock Climbing Wall. From beginners to speed climbers, everyone can enjoy an unparalleled view from 40 feet above deck. Included in your fare, no reservation required.

TYPHOONSM AND CYCLONESM

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Meals and overnight on cruise

March 23, 2024 LABADEE, HAITI 07.00 AM – 17.00 PM



Beachside meets mountainside on the shores of Labadee — a Royal Caribbean® private destination on Haiti's northern coast. Here you will find pristine sands, coral reefs and jungle-covered hilltops nestling lagoon-like bays. There is no shortage of places to relax and recharge across five stretches of beach. Or dial up the thrills on an active adventure like a half-mile-long zip line ride over the ocean. And fascinating culture, history and the natural beauty of Haiti's spectacular coasts wait

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to be discovered around every corner. Escape to the Western Caribbean for a wilder way to experience paradise.



FLIP FLOPS & MOUNTAINTOPS

Labadee is a private destination just for Royal Caribbean® guests on Haiti's northern coast where beachside and mountainside converge. A Labadee cruise will give you a front row seat to the natural beauty of the island's spectacular coasts. If it's thrills you're after, there are plenty of ways to fill your day with adventure. But there's also no shortage of places to relax and recharge across five stretches of beach. Sugar-white sands, swaying palm trees and rolling green mountains provide an idyllic backdrop to the island getaway of your daydreams — so settle in and set your sight on paradise.



DRAGON'S BEACH

If you can't wait to soak up the sun, head to Dragon's Beach, the closest beach upon arrival. Snag a lounge beach chair or dip your toes into the turquoise water as soon as you get off the ship.

ADRENALINE BEACH

Sunbathe along the crescent-shaped shoreline of Adrenaline Beach right in the heart of the island. And be sure to stop by the Floating Bar for a signature Labadoozie frozen cocktail — a must for anyone on a Labadee cruise.

NELLIE'S BEACH

Nellie's Beach is the ideal cozy hideaway. Kick back in a private bungalow and listen to the ocean waves caress the shorelines. This zen-like retreat comes complete with attendant service to keep the refreshments flowing.

COLUMBUS COVE

Make your way to Columbus Cove, a lagoon-like bay tucked at the end of the island for postcard views and bragworthy photos. Hands down, this is the best spot for a panoramic shot with the ship in the background.



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CHASE ADVENTURE IN PARADISE

Beyond the beaches, a cruise to Labadee leads you to a true thrill-seekers playground. The island is home to endless adrenaline-amping adventures. Whether you go gliding superman-style across the ocean, bouncing along floating trampolines on the water — or anywhere in between — your heart will be racing with excitement in no time. And if sightseeing is more your speed, you can rev up the action on that too, with a parasail or speedboat ride along the coast. What thrill will you chase first? No matter what you choose, exhilarating adventures await.

DRAGON'S SPLASH WATERSLIDE

Brace yourself for the ultimate adrenaline rush. Cool off and plunge down the 300-foot-long Dragon's SplashSM saltwater slide. Speed through its winding turns and end with an 18-foot splash zone.

DRAGON'S TAIL COASTER

Your race down the mountainside begins with sweeping island views from Santa Maria's lookout. Then gravity takes over and you learn exactly why this alpine-style thrill-ride is known as Dragon's Tail Coaster.

DRAGON'S BREATH FLIGHT LINE

Dial up the thrills on Dragon's Breath Flight LineSM — a half-mile-long zip line ride over the ocean where you can reach speeds up to 40 miles per hour. Race with your travel squad or try to beat your best time.

DRAGON'S FIRE FLIGHT LINE

Looking for the ultimate rush? Earn your daredevil badge on Dragon's Fire Flight LineSM. Soar along a 2,800-foot-long line — head-first — as the bright-blue waves lap the shore below.

RHYTHM & VIEWS

Immerse yourself in the rich history and colorful culture of Labadee on a guided walking, kayak or speedboat tour of the island. Step into Le Village, an authentic

Haitian teaching village where you can experience the sights, sounds and rhythms of everyday life. Listen to local music and watch as coffee and peanut butter are made from scratch before visiting the fishermen's boats to check out the fresh catch of the day. Explore the ruins of a trading post dedicated to a tenacious entrepreneur of old at Nellie's Tower. Then listen for the sound of the "breathing" beast at Dragon's Rock — where waves crash into shoreline rocks.



FUEL UP FOR FUN

Grabbing a bite to refuel in between adventures is quick, convenient — and delicious. Just take your pick from Dragon's Café, Labadee Café, or Columbus Café and head there for a lunch buffet packed with delicious bites, all free of charge. And after lunch — or maybe before — you'll want to stop at the Floating Bar offshore of Adrenaline Beach for one of the island's signature frozen cocktails, the Labadoozie. No cruise to Labadee is really complete until you've had one.

HANDCRAFTED IN HAITI

Your souvenir shopping is going to be easy. Just head to the Artisan's Village to pick up crafts handmade by

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local artists. Your family and friends will be thrilled. And if you're looking for a bargain, negotiating a lower price is always easier when you stock up with the same vendor.

Meals and overnight on cruise

March 24, 2024 CRUISING

With a menu of game-day favorites and icy-cold draughts on tap, anything you order at Playmakers Sports Bar & Arcade is a winner. And while you are working on a signature Playmakers Burger or the five-scoop Touchdown Sundae, you can catch your home team live on dozens of screens or face off against your friends in the arcade. Cruise back to Miami.

Meals and overnight on cruise

March 25, 2024 ARRIVE IN MIAMI

Arrive in Miami at 06.30. Disembark from cruise and transfer on your own for your next destination.

END OF CRUISE SERVICES

[CLICK HERE TO FILL THE REGISTRATION FORM](#)

INCLUDED IN CRUISE COST

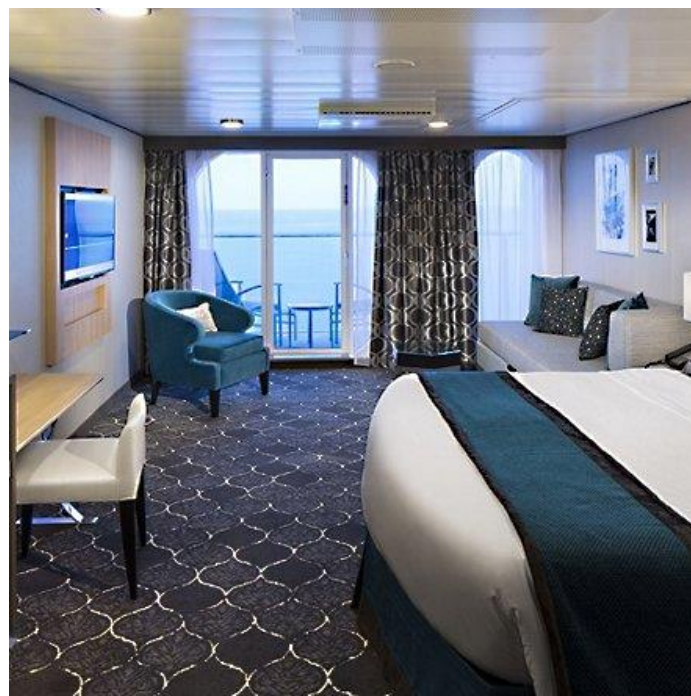
Cruise from March 21-25, 2025 per program including taxes and meals on board based on sharing a twin/double cabin

NOT INCLUDED: Any airfare, any shore excursions, any Government issued mandatory vaccination requirements and charges needed to embark on the trip, Visa fee, Travel Insurance, portage at the airport, alcohol, items of personal nature such as laundry, tips or gratuities, telephone, room service, any increase of airfare or government-imposed taxes, any airport taxes/surcharges levied by the airline any other items not mentioned in the above tour inclusion list.

BOOKING WILL BE ACCEPTED ON FIRST COME FIRST SERVED BASIS DUE TO LIMITED SPACE

VISIT THE LINK BELOW TO VIEW TERMS AND CONDITIONS OF THE CRUISE AND DECK PLAN

<https://www.royalcaribbean.com/cruise-ships/independence-of-the-seas/deck-plans/2236/04>



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CRUISE ONLY COST PER PERSON BASED ON SHARING A DOUBLE ROOM

CABIN	CRUISE ONLY PER PERSON
STATEROOM 2 N Ocean View Gaze into the beautiful views from your cozy room. Beds Two twin beds that convert to a Royal King bed Size Stateroom: 162 sq. ft.	US \$ 690 PER PERSON INCLUDING TAXES
STATEROOM 4 B Spacious Ocean View Balcony Immerse yourself in a gorgeous view for a memorable vacation. Beds Two twin beds that convert to a Royal King bed One double sofa bed in staterooms Size Stateroom: 207 sq. ft. Balcony: 42 sq. ft.	US \$ 890 PER PERSON INCLUDING TAXES
SHORE EXCURSIONS OF YOUR CHOICE	PLEASE BOOK AND PAY DIRECTLY ONLINE AS IT IS NOT INCLUDED IN CRUISE COST.

TRAVEL INSURANCE: We strongly recommend that you obtain a comprehensive Travel Insurance coverage, including but not limited to trip cancellation, delay, loss of deposit, medical expenses, personal accidents and death, loss of baggage, personal belongings. "Cancel for Any Reason" travel insurance policy is one option that you must discuss with your Travel Insurance Company, as it offers a wider range of coverage if you cancel for any reason. Most Travel Insurance companies want you to buy insurance at the time of making your initial tour deposit to obtain the best coverage. Please contact and discuss all options available to you from the Travel Insurance companies of your choice before signing up on the tour

CANCELLATION AND REFUND : A FULL REFUND OF PAYMENT WILL BE MADE TO THE TOUR PARTICIPANTS, IF THE TOUR IS CANCELLED BY POLLINA TOURS OR AAPI (AMERICAN ASSOCIATION OF PHYSICIANS OF INDIAN ORIGIN). If the tours is cancelled by the tour participants for any reason or for any circumstances beyond the control of AAPI, Pollina Tours & Travel, Inc, its agents, and its service providers, we highly recommend purchasing Travel Insurance policy from the travel insurance company of your choice, covering all eventualities including, but not limited to, trip delay, trip cancellation, medical evacuation, illness, disease, death, accident etc that can protect yourself from cancellation penalties. No cancellation penalty will be levied if the tour is cancelled at least 180 days before departure. A 25% cancellation fee of the total tour cost per person will be charged for any cancellation made between 179-120 days before departure. A 50% cancellation fee on total tour cost will be charged for any cancellation made between 119 – 90 days before departure. A 75% cancellation fee will be charged for any cancellation made between 89-60 days before departure. 100% cancellation penalty will be charged if tour is cancelled within 59 days of departure. It is mandatory for passenger to make all cancellations in writing, stating the reason for cancellation and same

CLICK HERE TO FILL THE REGISTRATION FORM

FORM OF PAYMENT: Please make FULL PAYMENT by check payable to POLLINA TOURS BEFORE DECEMBER 10,2023.

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must be received in our office. Most refunds generally take 6-8 weeks to process.

TRAVEL DOCUMENTS : It is the sole responsibility of each passenger/tourist to obtain and verify that all of their travel documents, such as passport, visa, and airline tickets, vaccination requirements etc are in order and meets the guidelines to embark on the trip.

HEALTH : You must consult with your physician every important aspect of your health-related issues, including sea-sickness, vaccinations such as Yellow Fever, Hepatitis, malaria prophylaxis etc. to ensure that you are in good health to engage in overseas travel. In addition, you are expected to carry your own regular medications, which may not be available aboard. All our overseas tours may require considerable walking and driving, sometimes on uneven, dusty and bumpy road and snow conditions. You may also need to take stairs and inclines during the tour. No individual assistance to passengers requiring wheelchair can be provided, as many places may not be wheelchair accessible and may be challenging for the physically handicapped. For Information on vaccinations and other health precautions, such as safe food and water precautions and insect bite protection, may be obtained from the Centers for Disease Control and Prevention's hotline for international travelers at 800-CDC-INFO (800-232-4636) or via the CDC's Internet site, at www.cdc.gov/travel. For information and health guidelines about outbreaks of infectious diseases such as COVID 19 and other disease abroad, please consult the World Health Organization's (WHO) official website. All passengers are personally responsible to ensure that they comply with overseas mandatory medical/vaccination requirements and are medically cleared by their Physicians to embark on the trip.

Yellow Fever vaccine certificate is mandatory to entry Kenya

AIRLINE GROUP BOOKING AND SEAT ASSIGNMENTS: POLLINA TOURS makes the

booking with the Group Department of the airline, which means all the group members must travel together to and from a common gateway, as one Group. The Group tickets are lower fare tickets and carry restrictions. The tickets are nonrefundable, non-transferrable, non-re-routable, and non-endorsable. Policies governing seat assignments for groups vary greatly by airline. Most airlines currently offer preferred seating, a system which allows them to charge additional fees for more desirable seats, which may include window and aisle seats. As a result, many seats displayed on airline seat maps are set aside for clients willing to pay additional fees for them. Some seats may only be accessible at airport check-in, although sometimes passengers with frequent flyer status may have earlier access. Seat assignments preferences are not guaranteed by Pollina Tours. Airline reservation agents are often prohibited from assisting with seat requests for group reservations.

GROUP HOTEL BOOKING: POLLINA TOURS makes the booking of the hotel in the specified hotel in "Standard" twin-bedded (two single beds) rooms or "Standard" double bedded (one double bed) room with private facilities, unless you have specifically requested and paid for an upgraded room category. Special requests, such as bed types, smoking preference and connecting rooms are subject to availability. Room selection in all cases, unless otherwise reserved, is strictly at the discretion of the hotel's management on a run-of-house basis.

GROUP MEALS BOOKING: POLLINA TOURS make the reservation for the Group Meals arrangements at the hotel or local restaurants based on the hotel or restaurant's Buffet or Set menu basis policy. All efforts are made to offer Vegetarian and Non-Vegetarian menu choice to the Group members. However, Pollina Tours cannot make multiple dinner menu request based on each group members' individual request, personal taste, likes and dislikes.

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RESPONSIBILITY : Pollina Tours & Travel, Inc. and/or their agents give notice that all tickets, vouchers and the coupons issued by them and all arrangements for transportation or for conveyance/hotel accommodation, sightseeing, excursions, etc, made by them, as AGENTS of the passenger upon the express condition that they shall not be held liable for any injury, damage, loss, accident, death, delay or irregularity which may be occasioned either by reason or defect of any vehicle, or through the act or default of any person or company engaged in conveying or housing the passengers or in connection therewith, or of any hotel proprietor or employee. Pollina Tour and/ or their agents can accept no responsibility for cancellation penalties or losses or incidental expenses due to delay or change in schedules of airline, rail, motor coach, cruise or any transportation companies etc, hotel overbooking or default, sickness, injury, death, weather, strike, political or social unrest, disease, epidemic, pandemic, terrorism, natural calamities, quarantine or any other causes beyond the control of Pollina Tours & Travel, its agents and suppliers of services. All such losses or incidental expenses will have to be borne by the passengers. Baggage is at owner's risk throughout the tour. Obtaining a suitable travel insurance policy to cover the medical and non-medical eventualities from any Travel Insurance company of your choice is solely the responsibility of each passenger/tourist booked on our tour. Pollina Tours & Travel reserves the right to accept or reject any person as tour participants, to expel any tour participants from the tour, to make changes in the itinerary whenever the company deems it is necessary for the comfort, safety and convenience of the participants or their agents/service providers. Although, all safety measures are taken by our suppliers to ensure you have an enjoyable and safe tour. However, our Service provider will require you to sign their responsibility form to not hold them responsible for any injury, accident, death, etc, caused to you during any adventure tourism activities, jungle safari, etc. which is beyond their control. All prices are quoted in US Dollars. The transportation, airlines, rail,

cruise, ferry companies, etc, concerned are not to be held responsible for any act, omission, or events during the time passengers are not on board their carriers and conveyance. The passenger's contract in use by the airline carrier, when issued, shall constitute the sole contract between the transportation company and the purchaser of the Tour(s) and/or passengers. Typically, check-in time at the hotels is 3:00 PM and check out time is 12 noon. Sequence of the itinerary is subject to change, due to circumstances beyond our control.

[CLICK HERE TO FILL THE REGISTRATION FORM](#)

PLEASE CONTACT POLLINA TOURS & TRAVEL, INC.
TODAY TO BOOK YOUR SPACE:



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