



Dr. Anjana Samadder
President



Dr. Udaya Shivangi
Chair

GLOBAL HEALTH SUMMIT (GHS) TOUR 2023-2024

Pre GHS Tour – Vietnam and Cambodia Dec 23-30, 2023

GHS India – Dec 31, 2023 - Jan 06, 2024

Post GHS Tour – Sri Lanka & Maldives Jan 07-16, 2024

Dear Friends,

Inviting all our Physicians, their family, friends and colleagues to join us on our Global Health Summit Program from Dec 31, 2023 till Jan 06, 2024 in India with Pre GHS Tour to Vietnam & Cambodia from Dec 23-30, 2023 and Post GHS Tour to Sri Lanka & Maldives from Jan 07-16, 2024.

In these Pre and Post Indochina & Asia Tour journey, you will explore what is left of the once flourishing powerful kingdom of Cambodia, Vietnam, Sri Lanka and Maldives as well as its original cultures.

Under my supervision and guidance, you will find the value for your money without cutting any corners to ensure you stay most comfortable throughout Cambodia, Vietnam, India, Sri Lanka and Maldives.

We have made the Tour Booking totally hassle free for you

in which you will get full refund of your deposit if you cancel the trip **before Sep 30, 2023**

Our tested, reliable and experienced Tour Operator Pollina Tours will once again provide their 25 years of worldwide Tourism experience in operating this once -in -a lifetime dream vacation for you.

These dream-like VIETNAM, CAMBODIA, SRI LANKA & MALDIVES trips will leave beautiful & unforgettable impressions...

Please join today as space is limited.
Thanks and best regards,

Dr. Anjana Samadder
President

PRE-GLOBAL HEALTH SUMMIT TOUR VIETNAM & CAMBODIA
TOUR (DEC 23-30, 2023)



TOUR HIGHLIGHTS

- Travel with Hassle Free Tour Booking with **NO CANCELLATION PENALTY** if you cancel before **Sep 30, 2023**.
- Coach class airfare from Ho Chi Minh City (Saigon) to Hanoi.
- Coach class airfare from Hanoi to Siem Reap
- Deluxe class hotels
- All meals Breakfast, Lunch and Dinner
- Services of local Professional English-Speaking Guide
- Private deluxe airconditioned chauffeur driven motorcoach for Transfers, sightseeing & Excursions
- Entrance tickets to the places of visit

- Comprehensive sightseeing tours
- 06 Hours CME Credits for attending Physicians.
- Cu Cu Tunnel – peak into Vietnam War history in Ho Chi Minh City (Saigon)
- Boat ride on Mekong Delta in Saigon
- Christmas Eve party in Saigon
- Cyclo ride, Water puppet show, Temples in Hanoi city
- Halong Bay overnight cruise – Spectacular, Mysterious, Misty and romantic 1000 limestone Island emerging out of emerald color waters.
- Traditional folklore Apsara dance performance in Angkor Wat, Cambodia
- Angkor War- A world heritage site of Hindu-Buddhist magnificent temple complex.
- Much more fun and excitements!!



Also visit The Cu Chi Tunnels are a maze of interlinked tunnels that were built by the Viet Cong during the Vietnam War. Also Visit Mekong Delta-the colorful floating markets, emerald rice fields & Waterways; these are the things that make the Mekong so interesting.



Journey to Vinh Long and cruise the water systems on boat, walk along the famous 'Monkey Bridges' that link the villages together its rivers as daily activities and businesses are conducted on its banks.

In the evening enjoy the Christmas dinner and dance party at the hotel.

Dec 23, 2023 Arrive in Ho Chi Minh City (Saigon)

Arrive in Ho Chi Minh City, Vietnam by your own flight arrangements from your origin city. Welcome upon arrival at the airport by our Local English-speaking guide. Later, transfer to hotel Sofitel Saigon or similar category. Rest of the day is at leisure to relax and get over the jetlag. In the evening, enjoy your dinner at the hotel. Overnight in Ho Chi Minh City (Saigon)

Meals: Dinner

Dec 24, 2023: Ho Chi Minh City (Saigon)

After breakfast, full day tour of Ho Chi Minh city. This dynamic city being the cultural trendsetter constitutes the core of Vietnam. The Ho Chi Minh City features French colonial architecture mingled with Chinese influences. Visit the Re Unification Palace Saigon's Notre Dame Cathedral, War Remains Museum, where you can learn a lot about the Vietnam War.



Overnight in Ho Chi Minh City (Saigon)
Meals: Breakfast, Lunch and Dinner

Dec 25, 2023 : Ho Chi Minh City - Hanoi.

After breakfast, check out of the hotel and transfer to airport for flight to Hanoi. Arrive in Hanoi and transfer to hotel. In the afternoon enjoy the tour of Hanoi. Take a Tuk Tuk ride through the winding streets of the Old Quarter, one of Hanoi’s most atmospheric neighborhoods to enjoy the tour of Hanoi.



Hanoi, located on the banks of the Red River, is one of the most ancient capitals in the world, where travelers can find well preserved colonial buildings, ancient pagodas, and unique museums within the city Centre. A great place to explore on foot, this French-colonial city is also known for its delectable cuisine, vibrant nightlife, silks and handicrafts, as well as a multicultural community that’s made up of Chinese, French and Russian influences. covering sites that include Hoan Kiem Lake— whose name recalls a 15th century legend about a magical sword—and Ngoc Son Temple, also known as the Temple of the Jade Mountain. Learn about the intellectual and religious heritage of Hanoi at Van Mieu - Quoc Tu Giam, the Temple of Literature, an imperial school which was built during the dynasty of King Ly almost a thousand years ago.



Stand at the foot of the Pagoda But Thap, among the oldest pagodas in Vietnam, then see Dai Nghien, a carved, stone ink stand that rests on the backs of a trio of frogs. Visit the repainted Huc Bridge. In the evening, enjoy the famous water puppet show.
Overnight in Hanoi
Meals: Breakfast, Lunch and Dinner

Dec 26, 2023 : Halong Bay cruise

After breakfast, transfer to Halong Bay to board your boat for overnight cruise over the Halong Bay.



Accessible within a four-hour drive from Hanoi, passing through the scenic farmland of Vietnam, you will arrive in Ha Long to embark on a relaxing and romantic cruise through Ha Long Bay.

Arrive and embark on your overnight boat ride in Halong Bay. Today, you will experience Ha Long Bay to fully experience Vietnam’s most iconic natural wonder. Located in northern Vietnam, Ha Long Bay boasts incredible islands, spectacular limestone karsts, fascinating grottos, and natural cave formations. Overnight on cruise in Halong Bay
Meals: Breakfast, Lunch and Dinner.



Dec 27, 2023 Halong Bay Cruise- Hanoi- Siem Reap, Cambodia

Discover the best of Halong Bay. Tour highlights include kayaking along Ba Trai Dao Beach, biking on Cat Ba Island, and a bamboo boat tour through local caves.



Later check out of the cruise boat and proceed to Hanoi airport for flight to Siem Reap, Cambodia. Welcome upon arrival in Siem Reap, Cambodia by your local English-speaking guide and transfer to hotel Sokha Siem Reap Resort & Convention Center or similar category. Overnight in Siem Reap.
Meals: Breakfast, Lunch and Dinner.

Dec 28, 2023: Siem Reap

After breakfast visit, Angkor Wat.



It was first a Hindu, then subsequently a Buddhist, temple complex in Cambodia and the largest religious monument in the world. The temple was built by the Khmer King Suryavarman II in the early 12th century in Yasodharapura, (present-day Angkor), the capital of the Khmer Empire, as his state temple and eventual mausoleum. Angkor Thom South Gate Angkor Thom, which includes South gate of Angkor Thom, Bayon, Bapoun, Pimean Akas, Terrece of Elephant, Terrace of Leper king.



In the evening enjoy the Apsara dance show and dinner. Overnight in Siem Reap
Meals : Breakfast, Lunch and Dinner



Dec 29, 2023: Siem Reap

After breakfast, Visit Banteay Srei The pink sandstone construction temple built by king Rajendrarvarman V in late 10th century. Walls of Banteay Srei temple its self are densely covered with some of the most beautiful, deep and intricate carving of any Angkorian Temple. Visit Banteay Samre Built under Suryavarman II and Yasovarman II in the early 12th century, it is a Hindu temple in the Angkor Wat style. Visit Pre Rup-This temple was built in 967 AD dedicated to Hinduism. There are many stuccos left on the towers of temple.



Visit Eastern Mebon The ruined temple located in the middle of East Baray. Each corner has a giant elephant status. Visit Ta Prohm Temple Taprom temple (as known Tomb Raider Movie Temple) with its exciting interplay of stonework, nature, big tree and root cover on top of temple.

Dec 30, 2023: Siem Reap – Abroad

After breakfast, transfer to airport for your onward flight arrangement on your own to your next destination

TOUR ENDS

EARLY BIRD DISCOUNT

DISCOUNT WILL BE : \$ 100 PER PERSON EARLY BIRD OFFERED IF YOU BOOK THE TOUR BEFORE SEP 30,2023

[CLICK HERE TO DOWNLOAD BOOKING FORM](#)

ALL LAND TOUR COST ARE PER PERSON BASED ON SHARING A DOUBLE ROOM OCCUPANCY IN US DOLLARS

LAND TOUR COST (per person sharing a room)
US \$ 2495

**DON'T WAIT !!! NO CANCELLATION PENALTY IF YOU CANCEL BEFORE SEP 30, 2023
HASSLE FREE BOOKING... BOOK NOW WITH ONLY \$ 200 PER PERSON DEPOSIT.. SPACE IS LIMITED**

NOT INCLUDED: Land Cost does not include any international airfare, Any Government issued mandatory vaccination requirements and charges needed to embark on the trip, Visa fee, Travel Insurance, portorage at the airport, alcohol, items of personal nature such as laundry, tips or gratuities, telephone,

room service, any increase of airfare or government-imposed taxes, any airport taxes/surcharges levied by the airline any other items not mentioned in the above tour inclusion list.

FORM OF PAYMENT: Please make the check payable to POLLINA TOURS.

CANCELLATION AND REFUND : A FULL REFUND OF PAYMENT WILL BE MADE TO THE TOUR PARTICIPANTS, IF THE TOUR IS CANCELLED BY POLLINA TOURS.

If the tours is canceled by the tour participants for any reason or for any circumstances beyond the control of Pollina Tours & Travel, Inc, its agents, and its service providers, we highly recommend purchasing **Travel Insurance policy** from the travel insurance company of your choice, covering all eventualities including, but not limited to, trip delay, trip cancellation, medical evacuation, illness, disease, death, accident etc that can protect yourself from cancellation penalties. No cancellation penalty will be levied if the tour is cancelled before Sep1 30, 2023. A 25% cancellation fee of the total tour cost per person will be charged for any cancellation made after Sep 30, 2023 till 90 days before departure. A 50% cancellation fee on total tour cost will be charged for any cancellation made between 89 - 60 days before departure.. 100% cancellation penalty will be charged if tour is canceled within 59 days of departure. It is mandatory for passenger to make all cancellations in writing, stating the reason for cancellation and same must be received in our office. Most refunds generally take 6-8 weeks to process.

TRAVEL DOCUMENTS : It is the sole responsibility of each passenger/tourist to obtain and verify that all of their travel documents, such as passport, visa, and airline tickets, vaccination requirements etc are in order and meets the guidelines to embark on the trip.

TRAVEL INSURANCE : We strongly recommend that you obtain a comprehensive Travel Insurance coverage, including but not limited to trip cancellation, delay, loss of deposit, medical expenses, personal accidents and death, loss of baggage, personal belongings. "Cancel for Any Reason" travel insurance policy is one option that you must discuss with your Travel Insurance Company, as it offers a wider range of coverage if you cancel for any reason. Most Travel Insurance companies want you to buy insurance at the time of making your initial tour deposit to obtain the best coverage. Please contact and discuss all options available to you from the Travel Insurance companies of your choice before signing up on the tour

HEALTH : You must consult with your physician every important aspect of your health-related issues, including sea-sickness, vaccinations such as Yellow Fever, Hepatitis, malaria prophylaxis etc. to ensure that you are in good health to engage in overseas travel. In addition, you are expected to carry your own regular medications, which may not be available aboard. All our overseas tours may require considerable walking and driving, sometimes on uneven, dusty and bumpy road and snow conditions. You may also need to take stairs and inclines during the tour. No individual assistance to passengers requiring wheelchair can be provided, as many places may not be wheelchair accessible and may be challenging for the physically handicapped. For Information on vaccinations and other health precautions, such as safe food and water precautions and insect bite protection, may be obtained from the Centers for Disease Control and Prevention's hotline for international travelers at 800-CDC-INFO (800-232-4636) or via the CDC's Internet site, at www.cdc.gov/travel. For information and health guidelines about outbreaks of infectious diseases such as COVID 19 and other disease abroad, please consult the World Health Organization's (WHO) official website. All passengers are personally responsible to ensure that they comply with overseas mandatory medical/vaccination requirements and are medically cleared by their Physicians to embark on the trip.

AIRLINE GROUP BOOKING AND SEAT ASSIGNMENTS: POLLINA TOURS makes the booking with the Group Department of the airline, which means all the group members must travel together to and from a common gateway, as one Group. The Group tickets are lower fare tickets and carry restrictions. The tickets are nonrefundable, non-transferrable, non-re-routable, and non-endorsable. Policies governing seat assignments for groups vary greatly by airline. Most airlines currently offer preferred seating, a system which allows them to charge additional fees for more desirable seats, which may include window and aisle seats. As a result, many seats displayed on airline seat maps are set aside for clients willing to pay additional fees for them. Some seats may only be accessible at airport check-in, although sometimes passengers with frequent flyer status may have earlier access. Seat assignments preferences are not guaranteed by Pollina Tours. Airline reservation agents are often prohibited from assisting with seat requests for group reservations.

GROUP HOTEL BOOKING: POLLINA TOURS makes the booking of the hotel in the specified hotel in "Standard" twin-bedded (two single beds) rooms or "Standard" double bedded (one double bed) room with private facilities, unless you have specifically requested and paid for an upgraded room category. Special requests, such as bed types, smoking preference and connecting rooms are subject to availability. Room selection in all cases, unless otherwise

reserved, is strictly at the discretion of the hotel's management on a run-of-house basis.

GROUP MEALS BOOKING: POLLINA TOURS make the reservation for the Group Meals arrangements at the hotel or local restaurants based on the hotel or restaurant's Buffet or Set dinner menu basis policy. All efforts are made to offer Vegetarian and Non-Vegetarian menu choice to the Group members. However, Pollina Tours cannot make multiple dinner menu request based on each group members' individual request, personal taste, likes and dislikes. Due to the presence of food allergens in the processing environments and in meals and snacks served, POLLINA TOURS and its suppliers cannot guarantee allergen-free meals. **We encourage customers to review any health/ food allergy concerns with their physicians prior to joining the tour**

RESPONSIBILITY : Pollina Tours & Travel, Inc. and/or their agents give notice that all tickets, vouchers and the coupons issued by them and all arrangements for transportation or for conveyance/hotel accommodation, sightseeing, excursions, etc, made by them, as AGENTS of the passenger upon the express condition that they shall not be held liable for any injury, damage, loss , accident, death, delay or irregularity which may be occasioned either by reason or defect of any vehicle, or through the act or default of any person or company engaged in conveying or housing the passengers or in connection therewith, or of any hotel proprietor or employee. Pollina Tour and/ or their agents can accept no responsibility for cancellation penalties or losses or incidental expenses due to delay or change in schedules of airline, rail, motor coach, cruise or any transportation companies etc, hotel overbooking or default, sickness, injury, death, weather, strike, political or social unrest, disease, epidemic, pandemic, terrorism, natural calamities, quarantine or any other causes beyond the control of Pollina Tours & Travel, its agents and suppliers of services. All such losses or incidental expenses will have to be borne by the passengers. Baggage is at owner's risk throughout the tour. Obtaining a suitable travel insurance policy to cover the medical and non-medical eventualities from any Travel Insurance company of your choice is solely the responsibility of each passenger/tourist booked on our tour. Pollina Tours & Travel reserves the right to accept or reject any person as tour participants, to expel any tour participants from the tour, to make changes in the itinerary whenever the company deems it is necessary for the comfort, safety and convenience of the participants or their agents/service providers. Although, all safety measures are taken by our suppliers to ensure you have an enjoyable and safe tour. However, our Service provider will require you to sign their responsibility form to not hold them responsible for any injury,

accident, death, etc, caused to you during any adventure tourism activities, jungle safari, etc. which is beyond their control. All prices are quoted in US Dollars. The transportation, airlines, rail, cruise, ferry companies, etc, concerned are not to be held responsible for any act, omission, or events during the time passengers are not on board their carriers and conveyance. The passenger's contract in use by the airline carrier, when issued, shall constitute the sole contract between the transportation company and the purchaser of the Tour(s) and/or passengers. Typically, check-in time at the hotels is 3:00 PM and check out time is 12 noon. Sequence of the itinerary is subject to change, due to circumstances beyond our control.

[CLICK HERE TO DOWNLOAD BOOKING FORM](#)

POST- GLOBAL HEALTH SUMMIT TOUR - SRI LANKA & MALDIVES

Jan 07-16, 2024

TOUR HIGHLIGHTS

Travel with **Hassle Free** Tour Booking with **NO CANCELLATION PENALTY** if you cancel before **Sept 30,2023**

- Deluxe/First class comfortable hotels
- All meals Breakfast, Lunch and Dinner
- Services of local Professional English-Speaking Guide

- Private deluxe air conditioned chauffeur driven motor coach for Transfers, sightseeing & Excursions
- Entrance tickets to the places of visit
- Comprehensive sightseeing tours
- 06 Hours CME Credits.
- Polonnaruwa - UNESCO World Heritage Site
- Sacred city of Anuradhapura - UNESCO World Heritage Site
- Sigiriya Rock Fortress - UNESCO World Heritage Site

- Spot elephants at Minneriya National Park
- Be mesmerized by the wall paintings at Dambulla Caves - UNESCO World Heritage Site
- Traditional dance performance and Sri Lanka themed night
- Temple of the Tooth also known as Dalada Maligawa
- Enjoy the scenic train journey from Kandy to Nuwara Eliya



- Visit Tea Plantation and Factory experience

The Maldives is a nation of islands in the Indian Ocean, that spans across the equator. The country is comprised of 1192 islands

Escape to paradise with our exclusive 3 nights and 4 days package in the breathtaking Maldives. Indulge in WATER VILLA luxurious accommodations, surrounded by crystal-clear turquoise waters and pristine white sandy beaches. Relax and rejuvenate with romantic spa treatments, candlelit dinners under the starry sky, and unforgettable snorkeling adventures. Create memories that will last a lifetime in this idyllic tropical paradise.



Jan 07, 2024 Arrive in COLOMBO, SRI LANKA



Arrive at Colombo airport, Sri Lanka. After clearing your immigration / custom formalities, you will be welcomed at the arrival lounge by your local English-speaking guide. Enjoy the tour of Colombo Visit Colombo’s Pettah Floating Market located on Bastian Mawatha in Pettah selling local produce and local handicraft. Visit Arcade Independence Square, Gangaramaya (Vihara) Buddhist Temple, Old Parliament Building with its Presidential Secretariat with its British colonial architecture., Galle Face Green an Ocean side urban park along the coast line, Bandaranayake Memorial International Conference Hall before returning to your hotel.

Overnight in Colombo.
Meals : Breakfast, Lunch and Dinner

Jan 08 : COLOMBO – DAMBULLA – POLONNARUWA – DAMBULLA

After breakfast, départ by your air-conditioned motor-coach for Dambulla. Arrive in the afternoon in Dambulla. Early afternoon, meet with your Local Tour Guide at the hotel lobby where you will be briefed on the journey you are about to embark upon. Thereafter, proceed to explore the ruins of Polonnaruwa. As you journey to Dambulla, catch glimpses of Coconut cultivation Fields and vast

areas of Paddy Fields in the outskirts of the city, as well as natural & man made reservoirs that support the agricultural industry of the village folk.



As your journey deepens into the northern part of the island you will be able to witness exotic birds, Monitor Lizards, grey Buffalos and overly friendly Monkeys.



Rising with the decline of Anuradhapura, the city of Polonnaruwa – medieval capital & crown jewel of King Parakramabahu I – remains superior proof of ancient culture & heritage blended with religious beliefs.

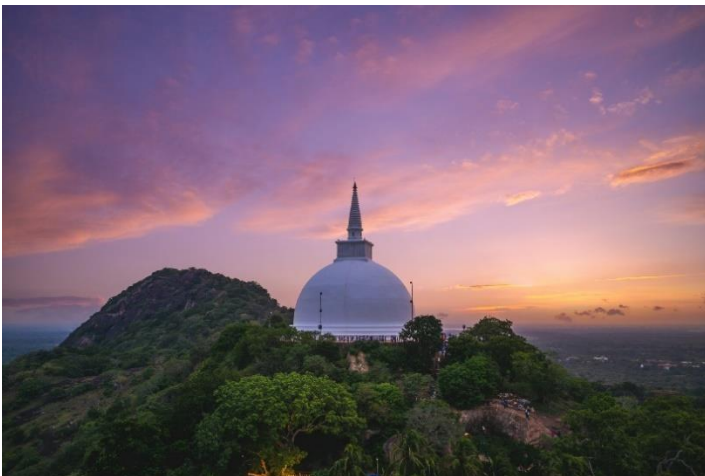
Walk across its scattered walls of the World Heritage Site – blessed by stupas, resting Buddha statues, irrigation canals and fantastically carved Hindu sculptures – while observing the relic house – Watadage – which boasts of beautiful stone carvings. Take a close glance and you will realize a subtle Hindu influence on architecture and statues found in Polonnaruwa. Or sit by the side of Galviharaya and observe the absolute beauty gushing out of every bend of its huge Buddhist statues. Nissankamalla Council Chamber is however, a headspinning beauty to just sit back and observe with its swaying pillars reminding the aesthetics of a powerful kingdom which rests beside Parakrama

Samudraya – sea of Parakramabahu & masterpiece of irrigation!
Return to your hotel after the tour.

Meals : Breakfast, Lunch and Dinner

Jan 09 : DAMBULLA – ANURADHAPURA – DAMBULLA

After an early breakfast, journey to the sacred city of Anuradhapura. Anuradhapura is known to be the first capital and undoubtedly is the grandest city of the ancient Sri Lanka. It is the home of two World Heritage sites. Many places of historical and archaeological interest could be visited here. Sri Maha Bodhi (Sacred Bo-Tree) was brought as a sampling of the tree under which Prince Siddhartha attained enlightenment and it is over 2,200 years old and is the oldest historically documented tree in the world. At Brazen Palace (2nd century B.C), the 1600 stone columns you see are all that is left of a magnificent multi-storied residence for monks Ruwanweliseya (2nd century B.C) is the most famous of all the Dagobas. It originally depicted the perfect ‘bubble shape’ that modern restoration has not been able to accurately reproduce. ‘Samadhi’ Buddha statue (4th century AD) is one of the most famous statues, depicting the Buddha in a state of ‘Samadhi’ or deep meditation. Isurumuniya rock temple (3rd century B.C) is well known for its rock carvings. Mihintale is commonly believed by Sri Lankans to be



the meeting place of the Buddhist monk Mahinda, son of Emperor Ashoka of India, and King Devanampiyatissa in the 3rd century BC. Mahinda preached the doctrine of Lord Buddha to the King and his people on the full moon day in June, which remains a special holiday in Sri Lanka and also led to all Poya (full moon) days becoming holy days for Sri Lankan Buddhists – tourists should note that meat and alcohol are not served in public in the island on Poya days. This meeting was the beginning of Buddhism in Sri Lanka, which quickly became a core part of Sinhalese culture, something that is evident in all the island’s ancient cultural sites, such as Anuradhapura, Polonnaruwa and Dambulla Cave Temple.
Overnight in Dambulla.

Meals : Breakfast, Lunch and Dinner

Jan 10 : DAMBULLA – SIGIRIYA – MINNERIYA – DAMBULLA

After an early morning breakfast, enjoy climbing Sigiriya Rock and tour the Fortress and Museum. The 5th century rock citadel of King Kasyapa and World Heritage Site – Sigiriya – doesn’t only boasts of ancient Sri Lankan engineering & urban planning supremacy but also acclaims to be one of the finest monuments of art & culture.



Step through the gigantic ‘Lion Paws’ – overlooking the symmetrical royal gardens below – to comprehend the absolute splendor that once dominated this rock fortress. Surrounded by ramparts & moats the Lion Rock – resembling the mythological ‘City of Gods’ – is coated by frescoes that relate to Gupta style paintings found in Ajanta caves of India. Walk in the shade of an eminent ‘mirror wall’ embracing the Western face of Sigiriya representing an artistic hundred meters laminated with ancient poetic writing.



Minneriya is a national park in the North Central Province of Sri Lanka. The park is a dry season feeding ground for the elephant population. Sri Lankan Leopard and Sloth bear which are rare and endangered species also inhabit this area. The park was declared as a wild life sanctuary in order to protect the watershed of Minneriya tank and the wildlife of the surrounding

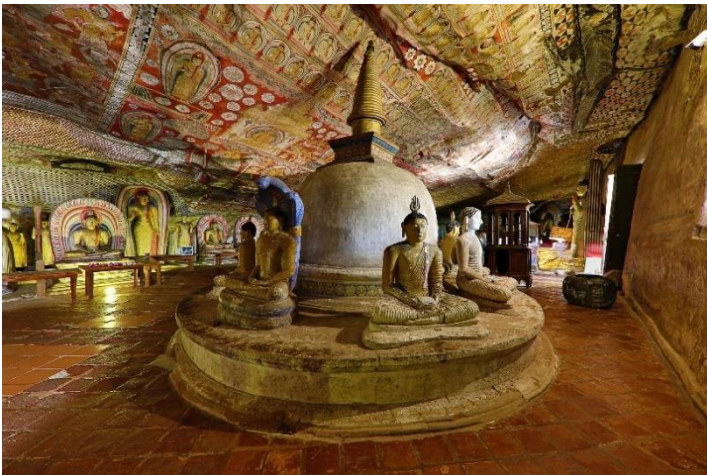
area. The tank is historically important for the country as it was built by King Mahasen in the 3rd century AD.

Overnight in Dambulla

Meals : Breakfast, Lunch and Dinner

Jan 11 : DAMBULLA – KANDY

Today you will journey to Kandy, after having your breakfast at the hotel. En-route stop to explore the wall paintings at the Dambulla Cave Temple. As one reaches the city of Dambulla lies a hub which has been treasured by many kings since the 1st century B.C. Today, an icon in the face of Sri Lanka Dambulla Rock Temple houses some of the most unique drawings in magnificently constructed 5 cave temples flanking the golden temple of Dambulla. Observe how exquisitely cave paintings are done along walls that shelter 150 statues of Lord Buddha. As you enter the retreat look straight up to the gigantic Buddha statue glittering in gold over a land which today houses an important junction in the country's economic and cultural uplifting.



Continue your journey to Kandy, and check in to the hotel. Kandy the popular charming hill capital of Sri Lanka is surrounded by hills, valleys, rivers, lakes and waterfalls. It is the cultural center of the island and a UNESCO heritage city. Tonight enjoy a Traditional Dance Performance arranged at the hotel, followed by a Sri



Lankan themed night. Be awed by the spectacular dance, acrobatics, costumes and music at the Kandyan cultural show.

This cultural show depicts various forms of Kandyan dancing which was once native to the area but has now spread to different regions of the island. Originated from a dance performed by Indian shamans who came to the island, Kandyan



dancing plays an important role in Sri Lankan culture and is a much-anticipated event during perahera processions. Overnight in Kandy Meals : Breakfast, Lunch and Dinner

Jan 12: KANDY – NUWARA ELIYA

After breakfast, check out from the hotel and proceed to visit the much famed Temple of the Tooth. The golden-roofed Temple of the Tooth enshrines Sri Lanka's most important Buddhist relic – a tooth of the Buddha. During offering times, the heavily guarded room housing the tooth is open to devotees and tourists. However, you don't actually see the tooth. It's kept in a gold casket shaped like a 'dagoba' (stupa), which contains a series of six dagoba caskets of diminishing size.

Thereafter, board a local train at Kandy Train Station where your seats will be pre-reserved, and enjoy a scenic train journey through mountains, waterfalls and tea estates to the hill 12 country – Nuwara Eliya...Experience live music and sing some of your favorite songs, while enjoying local snacks and drinks served



during your train journey. Arrive in Nuwara is a city, in the hill

country of the Central Province, Sri Lanka. The city is the most important locations for tea cultivation and well known for its cool climate being the coolest area in Sri Lanka. Many of the buildings have still preserved features from the colonial period. Many private homes have also maintained their old English-style lawns and gardens. Tour a Tea Plantation and Factory and meet with the tea pluckers busy plucking tea amongst the tea bushes. Visit the factory and learn the art of preparing a Ceylon tea, followed by tea tasting at the end of the session. Arrive and check in at your hotel

Overnight in Nuwara Eliya/ Meals : Breakfast, Lunch and Dinner

Jan 13: NUWARA ELIYA – COLOMBO - MALE – MALDIVES

After breakfast at the hotel, depart for Colombo airport by motor coach to connect your onward flight to Male, in Maldives.

On Arrival Male airport in Maldives, You will be warmly Greeted & transferred to Maldives Island resort Siyam World Maldives. Enjoy an exhilarating ride on a speedboat as you head to your resort from Velana International Airport.

(Note: This is a shared transfer. The duration of the commute is approximately 1 hour)

Overnight stay at Siyam World Maldives Island resort

Jan 14 : MALDIVES



Water Sport Activities (On direct payment basis)

After breakfast, you Can Go for World famous Water Sport Activities Snorkeling, wind surfing Etc (Non Motorize activities) Etc,

Come back for the Lunch & Evening Dinner, overnight in Resort

Overnight stay at Siyam World Maldives Island resort

Jan 15 : MALDIVES



Enjoy Water sport or Indore activities (On direct payment basis)

After breakfast, you can enjoy Water sport or Indore activities. Overnight in Resort

Jan 16 : Maldives : Departure

After breakfast, Proceed by speedboat to Male city airport to catch your directly booked airline flight.

Return back to home with lovely memories of Sri Lanka and Maldives

*** TOUR ENDS ***

Inclusions

- * 03 Nights stay at Siyam World Maldives Island resort
- * Meals & beverages – 24/7 WOW premium all inclusive package (as per resort guidelines)
- * Return Transfers Airport – Resort – Airport By Speed Boat
- * Welcome drinks on arrival.
- * Wifi Free At Resorts
- * Tea /Coffee making facilities (1 set of Tea/Coffee per room per day).
- * One way economy class airfare from Colombo, Sri Lanka, to Male, Maldives

TOUR ENDS

NOT INCLUDED : Land cost any international airfare, Any Government issued mandatory vaccination requirements and charges needed to embark on the trip, Visa fee, Travel Insurance, portorage at the airport, alcohol, items of personal nature such as laundry, tips or gratuities, telephone, room service, any increase of airfare or government-imposed taxes, any airport taxes/surcharges levied by the airline any other items not mentioned in the above tour inclusion list.

EARLY BIRD DISCOUNT

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\$ 100 PER PERSON IF YOU BOOK THE TOUR BEFORE SEP 30 2023

BOOKING WILL BE ACCEPTED ON FIRST COME FIRST SERVED BASIS DUE TO LIMITED SPACE

ALL LAND TOUR COST ARE PER PERSON BASED ON SHARING A DOUBLE ROOM OCCUPANCY IN US DOLLARS

LAND TOUR COST (per person sharing a room)
US \$ 3545

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FORM OF PAYMENT: Please make the check payable to POLLINA TOURS.

TRAVEL INSURANCE : We strongly recommend that you obtain a comprehensive Travel Insurance coverage, including but not limited to trip cancellation, delay, loss of deposit, medical expenses, personal accidents and death, loss of baggage, personal belongings. "Cancel for Any Reason" travel insurance policy is one option that you must discuss with your Travel Insurance Company, as it offers a wider range of coverage if you cancel for any reason. Most Travel Insurance companies want you to buy insurance at the time of making your initial tour deposit to obtain the best coverage. Please contact and discuss all options available to you from the Travel Insurance companies of your choice before signing up on the tour

CANCELLATION AND REFUND : A FULL REFUND OF PAYMENT WILL BE MADE TO THE TOUR PARTICIPANTS, IF THE TOUR IS CANCELLED BY POLLINA TOURS. If the tours is canceled by the tour participants for any reason or for any circumstances beyond the control of Pollina Tours & Travel, Inc, its agents, and its service providers, we highly recommend purchasing **Travel Insurance policy** from the travel insurance company of your choice, covering all eventualities including, but not limited to, trip delay, trip cancellation, medical evacuation, illness, disease, death, accident etc that can protect yourself from cancellation penalties. No cancellation penalty will be levied if the tour is cancelled before Sep 30, 2023. A 25% cancellation fee of the total tour cost per person will be charged for any cancellation made after Sep 30, 2023 till 90 days before departure. A 50% cancellation fee on total tour cost will be charged for any cancellation made between 89 - 60 days before departure.. 100% cancellation penalty will be charged if tour is cancelled within 59 days of departure. It is mandatory for passenger to make all cancellations in writing, stating the reason for cancellation and same must be received in our office. Most refunds generally take 6-8 weeks to process.

TRAVEL DOCUMENTS : It is the sole responsibility of each passenger/tourist to obtain and verify that all of their travel documents, such as passport, visa, and airline tickets, vaccination requirements etc are in order and meets the guidelines to embark on the trip.

HEALTH : You must consult with your physician every important aspect of your health-related issues, including sea-sickness, vaccinations such as Yellow Fever, Hepatitis, malaria prophylaxis etc. to ensure that you are in good health to engage in overseas travel. In addition, you are expected to carry your own regular medications, which may not be available aboard. All our overseas tours may require considerable walking and driving, sometimes on uneven, dusty and bumpy road and snow conditions. You may also need to take stairs and inclines during the tour. No individual assistance to passengers requiring wheelchair can be provided, as many places may not be wheelchair accessible and may be challenging for the physically handicapped. For Information on vaccinations and other health precautions, such as safe food and water precautions and insect bite protection, may be obtained from the Centers for Disease Control and Prevention's hotline for international travelers at 800-CDC-INFO (800-232-4636) or via the CDC's Internet site, at www.cdc.gov/travel. For information and health guidelines about outbreaks of infectious diseases such as COVID 19 and other disease abroad, please consult the World Health Organization's (WHO) official website. All passengers are personally responsible to ensure that they comply with overseas mandatory medical/vaccination requirements and are medically cleared by their Physicians to embark on the trip.

AIRLINE GROUP BOOKING AND SEAT ASSIGNMENTS: POLLINA TOURS makes the booking with the Group Department of the airline, which means all the group members must travel together to and from a common gateway, as one Group. The Group tickets are lower fare tickets and carry restrictions. The tickets are nonrefundable, non-transferrable, non-re-routable, and non-endorsable. Policies governing seat assignments for groups vary greatly by airline. Most airlines currently offer preferred seating, a system which allows them to charge additional fees for more desirable seats, which may include window and aisle seats. As a result, many seats displayed on airline seat maps are set aside for clients willing to pay additional fees for them. Some seats may only be accessible at airport check-in, although sometimes passengers with frequent flyer status may have earlier access. Seat assignments preferences are not guaranteed by Pollina Tours. Airline reservation agents are often prohibited from assisting with seat requests for group reservations.

GROUP HOTEL BOOKING: POLLINA TOURS makes the booking of the hotel in the specified hotel in "Standard" twin-bedded (two single beds) rooms or "Standard" double bedded (one double

bed) room with private facilities, unless you have specifically requested and paid for an upgraded room category. Special requests, such as bed types, smoking preference and connecting rooms are subject to availability. Room selection in all cases, unless otherwise reserved, is strictly at the discretion of the hotel's management on a run-of-house basis.

GROUP MEALS BOOKING: POLLINA TOURS make the reservation for the Group Meals arrangements at the hotel or local restaurants based on the hotel or restaurant's Buffet or Set menu basis policy. All efforts are made to offer Vegetarian and Non-Vegetarian menu choice to the Group members. However, Pollina Tours cannot make multiple dinner menu request based on each group members' individual request, personal taste, likes and dislikes. Due to the presence of food allergens in the processing environments and in meals and snacks served, POLLINA TOURS and its suppliers cannot guarantee allergen-free meals. **We encourage customers to review any health/ food allergy concerns with their physicians prior to joining the tour**

RESPONSIBILITY : Pollina Tours & Travel, Inc. and/or their agents give notice that all tickets, vouchers and the coupons issued by them and all arrangements for transportation or for conveyance/hotel accommodation, sightseeing, excursions, etc, made by them, as AGENTS of the passenger upon the express condition that they shall not be held liable for any injury, damage, loss, accident, death, delay or irregularity which may be occasioned either by reason or defect of any vehicle, or through the act or default of any person or company engaged in conveying or housing the passengers or in connection therewith, or of any hotel proprietor or employee. Pollina Tour and/or their agents can accept no responsibility for cancellation penalties or losses or incidental expenses due to delay or change in schedules of airline, rail, motor coach, cruise or any transportation companies etc, hotel overbooking or default, sickness, injury, death, weather, strike, political or social unrest, disease, epidemic, pandemic, terrorism, natural calamities, quarantine or any other causes beyond the control of Pollina Tours & Travel, its agents and suppliers of services. All such losses or incidental expenses will have to be borne by the passengers. Baggage is at owner's risk throughout the tour. Obtaining a suitable travel insurance policy to cover the medical and non-medical eventualities from any Travel Insurance company of your choice is solely the responsibility of each passenger/tourist booked on our tour. Pollina Tours & Travel reserves the right to accept or reject any person as tour participants, to expel any tour participants from the tour, to make changes in the itinerary whenever the company deems it is necessary for the comfort, safety and convenience of the participants or their agents/service providers. Although, all safety measures are taken by our suppliers to ensure you have an enjoyable and safe

tour. However, our Service provider will require you to sign their responsibility form to not hold them responsible for any injury, accident, death, etc, caused to you during any adventure tourism activities, jungle safari, etc. which is beyond their control. All prices are quoted in US Dollars. The transportation, airlines, rail, cruise, ferry companies, etc, concerned are not to be held responsible for any act, omission, or events during the time passengers are not on board their carriers and conveyance. The passenger's contract in use by the airline carrier, when issued, shall constitute the sole contract between the transportation company and the purchaser of the Tour(s) and/or passengers. Typically, check-in time at the hotels is 3:00 PM and check out time is 12 noon. Sequence of the itinerary is subject to change, due to circumstances beyond our control.

FOR MORE INFORMATION & BOOKING CONTACT:



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American Society of Travel Advisors