

WWW.POLLINATOUR.COM



Dear Friends,

One of the most beautiful sights in Asia during the springtime is the Cherry Blossoms. Cherry blossoms are indigenous to many East Asian countries, including Japan.

This CME Tour to Japan with an OPTIONAL Extension Tour to South Korea from April 02- 15, 2024 offers you the best opportunity to have a detailed expedition to Japan when the cherry blossoms are in full bloom.

We will give you a sampling of all Japan has to offer, including unique locales, "must-see" tourist attractions, colorful cultural traditions, and delectable dining.

In Japan, you will have the opportunity to visit Tokyo, Osaka, Kyoto, Mt Fujiyama & Hiroshima. Experience a traditional green tea ceremony, interact, and take photos with an apprentice geisha (maiko), watch a kimono fashion show, ride a bullet train in Japan, and a possibility to see Sumo Wrestlers training, among many other amazing activities!



DR. ANJANA SAMADDER AAPI PRESIDENT 2023 - 2024

On your OPTIONAL extension tour to South Korea from April 10-15, 2024, you will have a chance to stroll through the awe-inspiring Bulguska Temple, visit the DMZ (North & South Korea's Demilitarized Zone), see the 3rd Tunnel, ride a bullet train in South Korea, enjoy folklore shows, Seoul city, Busan, Gyeongju temples with exclusive access to gardens, temples, shrines, castles, museums, and specialty shops.

You will have a one-of-a-kind experience with everything included once in Japan and South Korea, and a chance to see why these countries are popular tourist destinations. I will be personally supervising the overall operations with our Tour Management Team of Pollina Tours and their local agents.

We will leave no stone unturned to ensure our AAPI Physicians and their family and friends will have the most memorable, comfortable, and fun-filled holiday with **up to 10 hours of CME Credits** in Japan and South Korea.

Please Register Today! Space Is Limited!

Looking forward to welcoming you all on this exciting trip to the two gems of Asia – Japan and South Korea.

Best Regards,

Dr. Anjana Samadder AAPI President, 2023 - 2024 FOR BOOKING CONTACT
AAPI CME TOUR PARTNER
WWW.POLLINATOUR.COM





JAPAN ITINERARY



April 2, 2024

ARRIVE IN OSAKA

Arrive in Osaka and transfer to your hotel. The rest of the day is free for you to relax and get over the jet lag, or explore this beautiful city at your own pace, or go shopping!

Overnight in Osaka in your deluxe hotel.

April 3, 2024

OSAKA

After breakfast, enjoy the tour of Osaka city. Visit **Osaka Castle** and **Dotonbori** shopping district.

The Osaka Castle was built in the end of the 16th century by Toyotomi Hideyoshi, a well-known warlord.

Dotonbori is a large-scale downtown area along the south bank of the Dotonborigawa Canal.

The **Umeda Sky Building** is the seventh-tallest building in Osaka, and is one of the city's most recognizable landmarks.

Overnight in Osaka in your deluxe hotel.







April 4, 2024

OSAKA-HIROSHIMA-OSAKA

Transfer to the train station for the **Bullet Train** to **Hiroshima** to view the memorial of the first atomic bomb that fell here during World War II.

Return to Osaka in the evening.

Overnight in Osaka in your deluxe hotel.

April 5, 2024

OSAKA-NARA-KYOTO

After breakfast, drive to Nara. Visit the Todai-ii Temple and Kasuga Grand Shrine in Nara. Todai-ji is a Buddhist temple complex located in the city of Nara.

Continue to Kyoto. Arrive & check in to your hotel.

Overnight in Kyoto in your deluxe hotel.



Day 5

April 6, 2024

KYOTO

After breakfast, proceed on a tour of Kyoto city, visiting Kinkakuji Temple and Old Gion District, famous for its Geisha Houses.

Later, check in to your hotel in Kyoto and enjoy some time to relax.



April 6, 2024

KYOTO (Day 5 continued)

In the afternoon, enjoy the *Traditional Tea Ceremony*.

After, enjoy a *Meika (Geisha)* show, where both men & women will get the chance to rent and wear the traditional Japanese Kimono for photo opportunities.

During the ceremony, learn about Japanese history, and sample Matcha Green Tea, a local specialty.

Wearing a traditional kimono will have you leaving the experience with fantastic photographs to commemorate your memorable time in Kyoto.

Overnight in Kyoto in your deluxe hotel.







April 7, 2024

KYOTO-TOKYO

After breakfast, check out and continue your tour of Kyoto. Visit **Nijo Castle** and **Ryoanji Temple.**

After the tour transfer to the train station for the **Bullet Train** (**Shinkansen**) to Tokyo - Japan's bustling capital city, and transfer to your hotel.

Overnight in Tokyo in your deluxe hotel.



April 8, 2024

TOKYO

A full day touring Tokyo.

Visit the *Meiji Shrine*. The shrine was built in 1921 to enshrine the Emperor and Empress of Meiji.

The Tokyo Metropolitan Government Office is located in Shinjuku-ku, and has observatories on the 45th Floor for Panaromic Skyline Views.

The Imperial Palace, is the main residence of the Emperor of Japan. (The public is not allowed to visit inside).

Asakusa Kannon Temple Senso-Ji is an ancient Buddhist temple located in Asakusa.

Ginza, a neon-lit district in Chuo-ku is one of the most famous downtown areas in Japan.

Overnight in Tokyo in your deluxe hotel.





April 9, 2024

TOKYO-MT. FUJI-HAKONE-TOKYO

After breakfast, check out and proceed on a full tour of *Mt. Fuji* and *Hakone National Park*.

You will take a cable car from Hakone National Park for a panaromic view of Mt. Fuji.

Enjoy the **Owakudani Boiling Valley**.

Owakudani Boiling Valley is a volcanic valley with its volcanic smokes in Hakone.

Cruise on Lake Ashi, a beautiful caldera formed by the outer crate ride and inner volcanoes.

Later, continue the drive back to Tokyo.

Overnight in Tokyo in your deluxe hotel.











April 10, 2024

TOKYO-ABROAD

Checkout after breakfast.

Possibility to visit a **Sumo Wrestler Training** Camp in Tokyo (subject to availability).

After, transfer to the airport for your onward flight abroad or home OR Fly with us to Seoul, as we travel through South Korea.

JAPAN LAND PACKAGE TOUR **INCLUDES**



- DELUXE CLASS ACCOMMODATIONS AS PER THE PROGRAM (BASED ON SHARING A STANDARD ROOM)
- DAILY BUFFET BREAKFAST AT THE HOTEL
- DAILY BOXED VEGETARIAN & NON-VEGETARIAN LUNCHES (WITH INDIAN FOOD OPTIONS WHEREVER AVAILABLE)
- DAILY BUFFET VEGETARIAN & NON-VEGETARIAN DINNERS AT LOCAL RESTAURANTS & HOTELS (WITH INDIAN FOOD OPTIONS WHEREVER AVAILABLE)
- ALL TRANSFERS, SIGHTSEEING, AND EXCURSION TOURS BY PRIVATE AIR-CONDITIONED DELUXE MOTOR COACHES
- SERVICES OF EXPERIENCED & PROFESSIONAL ENGLISH SPEAKING **GUIDES**
- ENTRANCE FEES TO THE PLACES OF VISIT
- BULLET TRAIN RIDE IN JAPAN
- CULTURAL FOLKLORE SHOWS IN JAPAN



SOUTH KOREA ITINERARY (OPTIONAL EXTENSION)



April 10, 2024

TOKYO-SEOUL, SOUTH KOREA

Transfer to the airport for your flight to Seoul, the capital city of South Korea.

Arrive in Seoul, South Korea. Welcome and assistance upon arrival at the airport. Later transfer to hotel.

Overnight in Seoul in your deluxe hotel.

April 11, 2024

SEOUL

After breakfast, visit Seoul's most famous landmarks on a guided tour of the city that includes *Cheong Wa Dae (aka The Blue House)*.

Then visit the *Gyeongbokgung Palace*, the largest of the "Five Grand Palaces".

Within the Palace grounds visit t**a**e **Jogyes Temple** dedicated to Buddhism and it is still influential today.









April 11, 2024

SEOUL (Day 10 continued)

You'll also gain insights into Korean cultures, traditions, and history at the National Folk **Museum** which situated on the grounds of the palace.

Depart by coach for Imjinggak at the DMZ (Demilitarized Zone). See the Freedom Bridge and Mangbaeda which is an altar for the Koreans to come to pay respect to their families in North Korea.

After, transferring to the DMZ, we take a shuttle bus for a ride through the 3rd Tunnel and the DORA Observatory.

One can see parts of North Korea from the **Observation Deck**. The **Media Hall** offers an insight into the disparities between the divided countries.

After the tour, return back to your hotel in Seoul.

Overnight in Seoul in your deluxe hotel.





April 12, 2024

SEOUL-GYEONGJU

Drive to *Gyeongju* once the capital of the *ancient Kingdom of Silla*, which ruled mos of the Korean Peninsula from the 7th to the 9th centuries.

Your tour of Gyeongju takes you to **Tumuli Park** where you'll visit some of the more than 20 large and small tombs, and the **Anapji Pond** from the Silla period including that of King Michu, the 13th King of the dynasty.

Top off the day's sightseeing with a visit to the **Cheomseongdae Observatory** - the oldest surviving observatory in East Asia and one of the world's oldest scientific installations still in existence.

Overnight in Gyeongju in your deluxe hotel.







April 13, 2024

GYEONGJU-BUSAN

After breakfast, check out and visit the UNESCO-listed **Temple of Bulguska** and the **Seokguram Grotto**, one of Asia's finest Buddhist shrines, dramatically located on the slopes of **Toham Mountain**, 750 meters above sea level and looking out over the Sea of Japan.

This afternoon travel onwards to **Busan.**

Overnight in Busan in your deluxe hotel.



April 14, 2024

BUSAN

Busan is South Korea's principal port city, and the second largest city, situated on the southeastern tip of the Korean Peninsula.

After breakfast, visit the **Busan Tower** located in Yongdusan Park and offering spectacular views of the old port city.

Then visit the **Jagalchi Fish Market** and the Kukje Market.

Kukje Market is the best place in Busan to find silk, clothing, linen, handbags, and much more.

Overnight in Busan in your deluxe hotel



April 15, 2024

BUSAN-SEOUL-ABROAD

After your early breakfast, transfer to the Bullet Train station for a high-speed train ride back to Seoul International Airport to connect your flight to your onward destination.





DON'T MISS OUT ON THIS TRIP OF A LIFETIME!



CLICK HERE

FOR BOOKING FORM

JAPAN & S. KOREA LAND PACKAGE TOUR **INCLUDES**

- TOKYO TO SFOUL AIRFARF AS PER THE PROGRAM
- 10 HOURS OF CME CREDITS
- DELUXE CLASS ACCOMMODATIONS AS PER THE PROGRAM (BASED ON SHARING A STANDARD ROOM)
- DAILY BUFFET BREAKFAST AT THE HOTEL
- DAILY BOXED VEGETARIAN & NON-VEGETARIAN LUNCHES (WITH INDIAN FOOD OPTIONS WHEREVER AVAILABLE)
- DAILY BUFFET VEGETARIAN & NON-VEGETARIAN DINNERS AT LOCAL RESTAURANTS & HOTELS (WITH INDIAN FOOD OPTIONS WHEREVER AVAILABLE)
- ALL TRANSFERS, SIGHTSEEING, AND EXCURSION TOURS BY PRIVATE AIR-CONDITIONED DELUXE MOTOR COACHES
- SERVICES OF EXPERIENCED & PROFESSIONAL ENGLISH-SPEAKING GUIDES
- ENTRANCE FEES TO THE PLACES OF VISIT
- BULLET TRAIN RIDES IN JAPAN & SOUTH KOREA
- CULTURAL FOLKLORE SHOWS IN JAPAN

FOR BOOKING CONTACT AAPI CME TOUR PARTNER WWW.POLLINATOUR.COM









TOUR RATES

JAPAN & US \$6,850 SOUTH KOREA

JAPAN

US \$5,750

ALL RATES ARE PER PERSON IN US DOLLARS ON A SHARED ROOM BASIS.

SINGLE SUPPLEMENT

JAPAN & US \$1,995 SOUTH KOREA

JAPAN

US \$1,595

ADDITIONAL COST IF YOU DO NOT SHARE THE ROOM



HURRY AND BOOK
YOUR TOUR AS
SPACE IS LIMITED!





BOOK & MAKE YOUR DEPOSITA BY FEBRUARY 07, 2024

THE FINE PRINT

TOUR BOOKING:

POLLINA TOURS AND TRAVEL, INC. located at 95 Broadway, Suite 5, Hicksville, New York 11801 is our Tour Operator to Japan and South Korea. Each passenger must duly fill in the Booking form, sign it, and mail the original hard copy of the Booking form to Pollina Tours along with their tour deposit of \$ 500 per person.

FORM OF PAYMENT:

Please make the check payable to **Pollina Tours & Travel, Inc** for USD 500 per person before Dec 31, 2023. If paying by credit card, there is a 3.5% processing fee. The final payment is due 120 days before departure.

NOT INCLUDED:

Not included in the Land Cost are any International airfare, the costs of any Government required mandatory vaccinations, and charges needed to embark on the trip such as, Visa fees, Travel Insurance, porterage at the airport, alcohol, items of a personal nature such as laundry, tips or gratuities, telephone, room service, any increase of government-imposed taxes, any other items not mentioned in the tour inclusion list.

TRAVEL INSURANCE:

Pollina Tours does not sell any travel insurance. We strongly recommend that you obtain comprehensive Travel Insurance coverage, including but not limited to trip cancellation, delay, loss of deposit, medical expenses, personal accidents and death, loss of baggage, and personal belongings.

CFAR (Cancel for Any Reason) Travel Insurance Policy is one option that you must discuss with your Travel Insurance Company, as it offers a wider range of coverage if you cancel for any reason. Most Travel Insurance companies want you to buy insurance at the time of making your initial tour deposit to obtain the best coverage. Please contact and discuss all options available to you from the Travel Insurance companies of your choice before signing up for the tour.

Some reliable Travel Insurance companies are:

- ALLIANZ (Tel: 866-726-1764)
- TRAVEL GUARD (Tel: 800-826-5248)
- TRAVEL INSURED (Tel: 800-243-3174)

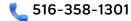
or you may contact any other Insurance company of your choice.



TRAVEL DOCUMENTS:

It is the sole responsibility of each passenger/tourist to obtain and verify that all of their travel documents, such as passport, visa, and airline tickets, vaccination requirements etc are in order and meets the guidelines to embark on the trip.







95 BROADWAY, SUITE 5 HICKSVILLE, NEW YORK 11801

THE FINE PRINT (continued)

CANCELLATION AND REFUNDS:

If the tour is cancelled by the tour participants for any reason or for any circumstances beyond the control of Pollina Tours & Travel, Inc, its agents, and its service providers, the cancellation fee will be applicable. CFAR (Cancel for Any Reason) travel insurance policy is one option that you must discuss with your Travel Insurance Company, as it offers a wider range of coverage if you cancel for any reason.

We highly recommend purchasing a Travel Insurance policy from the travel insurance company of your choice, covering all eventualities including, but not limited to, trip delay, trip cancellation, medical evacuation, illness, pandemic, an endemic, outbreak of disease, terrorism, inclement weather, natural disaster, death of the traveler, accident, etc. that can protect yourself from the cancellation fees as mentioned in the chart below:

| Tour Cancellation Date | Cancellation Fee (per person) |
|--|-------------------------------|
| Before 180 Days of Departure | US \$500 |
| Between 179 Days - 120 Days of Departure | 25% of the Tour Cost |
| Between 119 Days - 90 Days of Departure | 50% of the Tour Cost |
| Between 89 Days - 60 Days of Departure | 75 % of the Tour Cost |
| Within 59 Days of Departure | 100% of the Tour Cost |

A full 100% Refund will be made to the passengers if the tour is canceled by Pollina Tours due to the default of Pollina Tours & Travel, Inc.

It is mandatory for passengers to make all cancellations in writing, stating the reason for the cancellation, and the same must be received by our office.

Most refunds generally take 6-8 weeks to process.

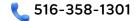
HEALTH:

You must consult with your physician for every important aspect of your health-related issues, including sea sickness, motion sickness, vaccinations such as Yellow Fever, Hepatitis, malaria

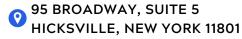
prophylaxis, etc. to ensure that you are in good health to engage in overseas travel. In addition, you are expected to carry your own regular medications, which may not be available abroad. All our overseas tours may require considerable walking and driving, sometimes on uneven, dusty, and bumpy roads and snow conditions. You may also need to take stairs and inclines during the tour.











THE FINE PRINT (continued)

HEALTH: (continued)

No individual assistance to passengers requiring a wheelchair can be provided, as many places may not be wheelchair accessible and may be challenging for the physically handicapped.

For Information on vaccinations and other health precautions, such as safe food and water precautions and insect bite protection, may be obtained from the Centers for Disease Control and Prevention's hotline for international travelers at 800-CDC-INFO (800-232-4636) or via the CDC's Internet site, at www.cdc.gov/travel.

For information and health guidelines about outbreaks of infectious diseases such as COVID-19 and other diseases abroad, please consult the World Health Organization's (WHO) official website at www.who.int

All passengers are personally responsible to ensure that they comply with overseas mandatory medical/vaccination requirements and are medically cleared by their Physicians to embark on the trip.

AIRLINE GROUP BOOKING & SEAT ASSIGNMENTS:

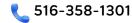
POLLINA TOURS makes the booking with the Group Department of the airline, which means all the group members must travel together to and from a common gateway, as one Group. The Group tickets are lower fare tickets and carry restrictions. The tickets are nonrefundable, non-transferable, non-reroutable, and non-endorsable. Policies governing seat assignments for groups vary greatly by airline. Most airlines currently offer preferred seating, a system that allows them to charge additional fees for more desirable seats, which may include window and aisle seats. As a result, many seats displayed on airline seat maps are set aside for clients willing to pay additional fees for them. Some seats may only be accessible at airport check-in, although sometimes passengers with frequent flyer status may have earlier access. Seat assignment preferences are not guaranteed by Pollina Tours. Airline reservation agents are often prohibited from assisting with seat requests for group reservations.

GROUP HOTEL / CRUISE BOOKING

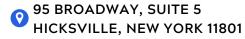
POLLINA TOURS makes the booking of the hotel/cruise in the specified hotel/cruise in "Standard" twin-bedded (two single beds) rooms or "Standard" double bedded (one double bed) room with private facilities, unless you have specifically requested and paid for an upgraded room category. Special requests, such as bed types, smoking preferences, and connecting rooms are subject to availability.

Room selection in all cases, unless otherwise reserved, is strictly at the discretion of the hotel's management on a run-of-house basis.











THE FINE PRINT (continued)

GROUP MEALS BOOKING:

POLLINA TOURS makes the reservation for the Group Meals arrangements at the hotel or local restaurants based on the hotel or restaurant's Buffet or Set menu basis policy. All efforts are made to offer Vegetarian and Non-Vegetarian menu choices to the Group members. However, Pollina Tours cannot make multiple dinner menu requests based on each group member's individual request, personal taste, likes, and dislikes.

RESPONSIBILITY:

Pollina Tours & Travel, Inc. and/or their agents give notice that all tickets, vouchers, and coupons issued by them and all arrangements for transportation or for conveyance/hotel accommodation, sightseeing, excursions, etc., made by them, as AGENTS of the passenger upon the express condition that they shall not be held liable for any injury, damage, loss, accident, death, delay or irregularity which may be occasioned either by reason or defect of any vehicle, or through the act or default of any person or company engaged in conveying or housing the passengers or in connection therewith, or of any hotel proprietor or employee. Pollina Tour and/ or their agents can accept no responsibility for cancellation penalties, losses, or incidental expenses due to delay or change in schedules of airline, rail, motor coach, cruise or any transportation companies etc, hotel overbooking or default, sickness, injury, death, weather, strike, political or social unrest, disease, epidemic, pandemic, terrorism, natural calamities, quarantine or any other causes beyond the control of Pollina Tours & Travel, its agents and suppliers of services. All such losses or incidental expenses will have to be borne by the passengers. Baggage is at the owner's risk throughout the tour. Obtaining a suitable travel insurance policy to cover the medical and non-medical eventualities from any Travel Insurance company of your choice is solely the responsibility of each passenger/tourist booked on our tour. Pollina Tours & Travel reserves the right to accept or reject any person as a tour participant, to expel any tour participants from the tour, and to make changes in the itinerary whenever the company deems it is necessary for the comfort, safety, and convenience of the participants or their agents/service providers. Although all safety measures are taken by our suppliers to ensure you have an enjoyable and safe tour, our Service provider will require you to sign their responsibility form to not hold them responsible for any injury, accident, death, etc., caused to you during any adventure tourism activities, jungle safari, etc. which is beyond their control. All prices are quoted in US Dollars. The transportation, airlines, rail, cruise, ferry companies, etc., concerned are not to be held responsible for any act, omission, or events during the time passengers are not on board their carriers and conveyance. The passenger's contract in use by the airline carrier, when issued, shall constitute the sole contract between the transportation company and the purchaser of the Tour(s) and/or passengers.

Typically, check-in time at the hotels is 3:00 PM and check-out time is 12 noon. The sequence of the itinerary is subject to change, due to circumstances beyond our control.







